

# LOVING RITUALS

*Peaceful journey*

*Create your life with Loving Rituals  
News from Life Books by Sussanne Wexø*

## A BOOK OF LOVING RITUALS

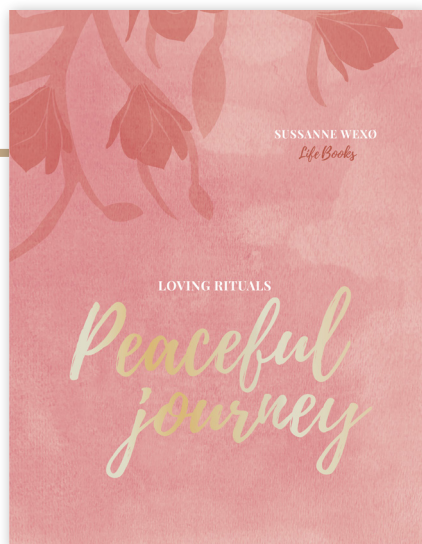
*A heart-filled welcome to a new exiting book, made to create a life,  
with all that you wish for.*

*Loving Rituals is a personal book,  
with self-care exercises and rituals for the mind, body and soul.*

## OPEN YOUR HEART

*Loving Rituals begins with personal pages, that will help the reader  
to create a foundation for a self-caring lifestyle.*

*Open your heart to the beautiful worksheets with wonderful practices  
that will help you integrate transforming habits and rituals, into your life.*



**Writer:** Sussanne Wexø

**Publisher:** Life Books

**Pages:** 136

**Price:** kr. 295,-

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## GET STARTED

*Enjoy opening up to 52 exercises, one for each week of the year.  
You can also use the exercises and rituals in your own pace,  
enjoying your Peaceful Journey one step at a time.*

***Welcome to our Peaceful Journey Universe.***



## VISION

***Loving Rituals*** is a part of the Peaceful Journey Universe and is published by Life Books by Sussanne Wexø.

***Sussanne Wexø*** is a motivational speaker, author, coach and therapist. Founder of the international Life Mastery Academy Copenhagen.

*In her latest book, the danish bestselling author is following up on a new movement which is all about creating self-help books with the reader as the center of the universe.*

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